Ann M. Garrido

General Bio Statement

Dr. Ann Garrido is associate professor at Aquinas Institute of Theology in St. Louis, Missouri and author of the popular Redeeming series for Christian leaders from Ave Maria Press. You can find out more about Ann at anngarrido.com

Bio Statement for Catechesis of the Good Shepherd Courses

Ann Garrido is has served as a CGS catechist with children ages 3-12 since 1996, and has been a formation leader with the U.S. National Association of Catechesis of the Good Shepherd since 1999. She has been a member of the association's formation committee since 2004. She is the author of A Year with Sofia Cavalletti (LTP, 2017) and Preaching with Children (LTP, 2022) and is the founding director of the MAPS-CGS program at Aquinas Institute of Theology in St. Louis, MO.